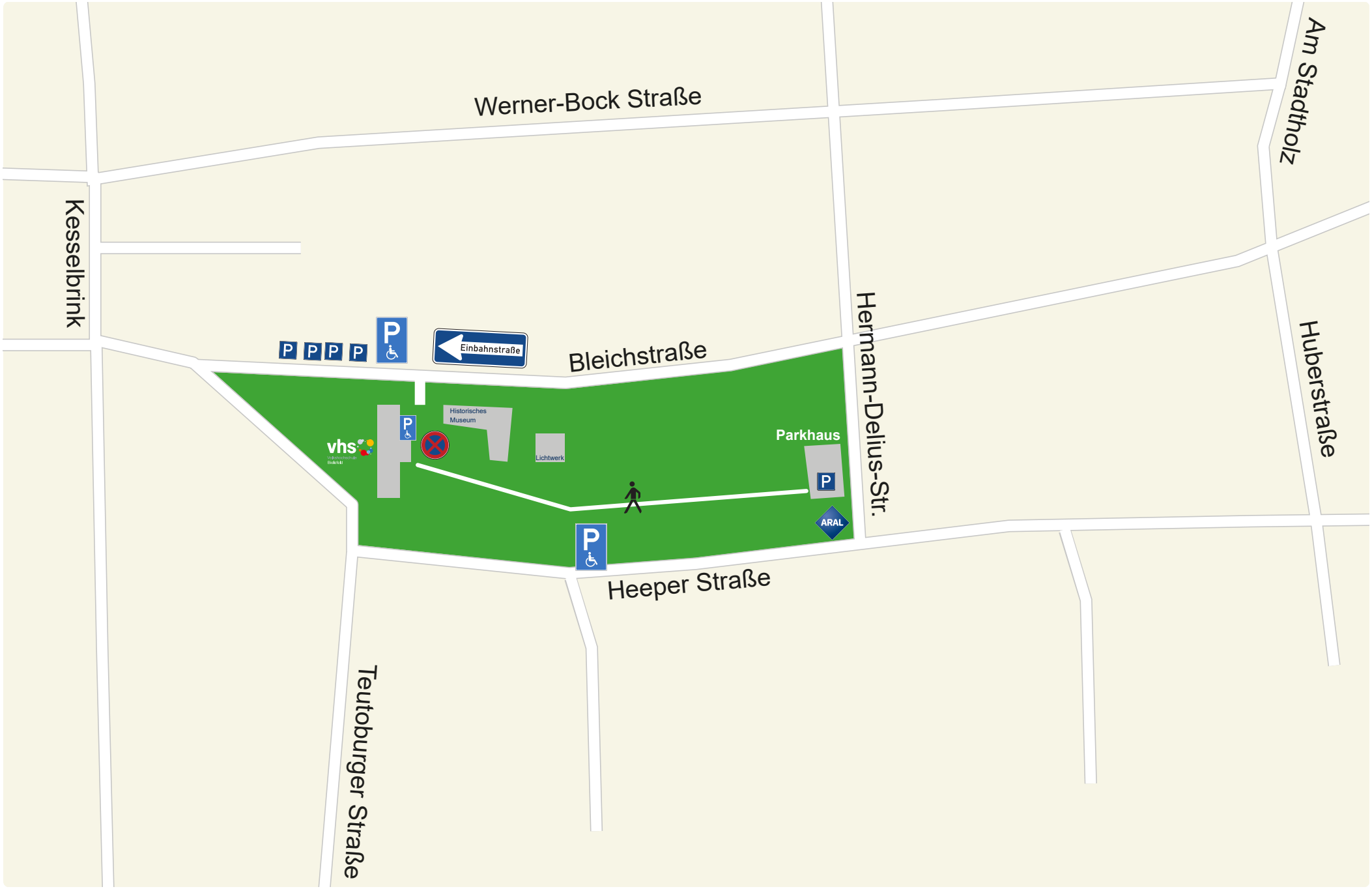vhs Volkshochschule Bielefeld